




How to Safely Place Trash Bags in Trash Dumpsters

- Observe the area around the dumpster to make sure that there are no slip, trip, or fall hazards present. (Keep area around the dumpster clean of all debris)
- Set the trash bag on the ground prior to opening the dumpster
- Some dumpsters have side opening doors with slide-bar latches. If your bag will fit through this door, it is the easiest way to open the dumpster. If the bag is too large, open the top lid of the dumpster
- Be cautious and use both hands when opening or closing the dumpster lids. Be aware of where you put your hands. Watch for pinch points. (Be especially cautious on windy days)
- Don't overload trash bags or boxes. Prevent shoulder and back injuries by minimizing weight.
- Pick up the trash bag and place it inside the dumpster. Never use a twisting / throwing method to put trash into a dumpster. Always practice proper body mechanics when performing lifting tasks.
- If the trash bag is too heavy, solicit help to place the trash bag in the dumpster.
- Never enter a dumpster! 
- Never use your hands or feet to compress trash in a dumpster
- Close the lid of the dumpster, keeping clear of the path of the lid

