

Harmony Area School District

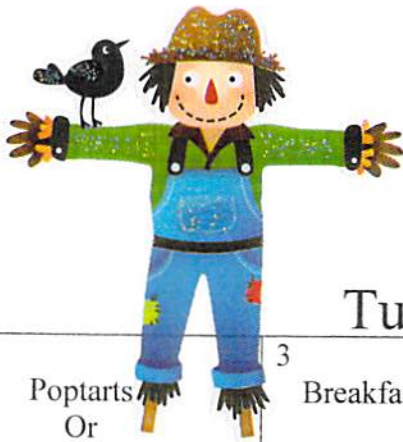
November Lunch Menu

Salad Bar, Yogurt or Peanut Butter & Jelly Sandwich available daily as Entrée.

Menu subject to change due to availability.



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Bacon Ranch Sandwich Green Beans Orange Milk	2 Round Pizza Tossed Salad Banana Milk
5 Nachos & Cheese Meat Sauce Tater Tots Applesauce Milk	6 Chicken Sticks Glazed Carrots Dinner Roll Peaches Milk	7 Veg. Beef Soup Deli Sandwich Carrots & Celery Pineapple Milk	8 BBQ Rib Sandwich Pierogies Cucumber Slices Apple Milk	9 Chicken or Cheese Quesadilla Veggies & Dip Orange Milk
12 Chicken Nuggets w/ Roll Oven Fries Carrots/Celery Peaches Milk	13 Plain or BBQ Ham w/ Pretzel Roll Broccoli w/ Cheese Pineapple Milk	14 Turkey Mashed Potatoes, Gravy Stuffing, Sw. Potatoes Dinner Roll Cran. Sauce Oranges, Milk	15 COOKS CHOICE!	16 Stuffed Crust Pizza Caesar Salad Banana Milk
19 Bacon Cheeseburger Lettuce, Tomato, Pickles Oven Fries Applesauce Milk	20 Hot Dog w/ Roll Baked Beans, Corn Chips Cucumber Slices Strawberry Cups Milk	21 Cold Cuts w/ Roll Potato Chips Carrots & Celery Apple, Cookie Milk	22 HAPPY THANKSGIVING. 	NO SCHOOL
26 NO SCHOOL 	27 NO SCHOOL	28 Chicken Patty w/ Roll Lettuce, Tomato, Cheese Oven Fries Apple Crisp Milk	29 Taco's Lettuce, Tomato, Cheese Corn, Refried Beans Peaches Milk	30 Dippy Pizza Tossed Salad Applesauce Milk



Harmony Area School District MS/HS November Breakfast Menu

Menu subject to change due to availability.

Tuesday		Wednesday		Thursday		Friday			
2	Poptarts Or Cereal & Toast Fresh Fruit & Juice Milk	3	Breakfast Combo Bar Or Cereal & Toast Fresh Fruit & Juice Milk	4	Pancakes & Syrup Or Cereal & Toast Fresh Fruit or Juice Milk	1	Assorted Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit & Cheese Milk	2	Yogurt Parfaits Or Cereal & Toast Fresh Fruit or Juice Milk
5	S'more Turnover Or Cereal & Toast Fresh Fruit & Juice Milk	6	Breakfast Pizza or Cereal & Toast Fresh Fruit or Juice Milk	7	Funnel Cake or Cereal & Toast Fresh Fruit or Juice Milk	8	Assorted Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit & Cheese Milk	9	Yogurt Parfaits Or Cereal & Toast Fresh Fruit or Juice Milk
12	No School Act 80 Day	13	Cheese Omelets & Toast or Cereal & Toast Fresh Fruit or Juice Milk	14	French Toast Sticks Or Cereal & Toast Fresh Fruit or Juice Milk	15	Assorted Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit or Juice Milk	16	Yogurt Parfaits or Cereal & Toast Fresh Fruit or Juice Milk
19	Cereal Bars Or Cereal & Toast Fresh Fruit & Juice Milk	20	Sausage Gravy/Biscuits Or Cereal & Toast Fresh Fruit or Juice Milk	21	Cook's Choice	22	Happy Thanksgiving	23	No School
26	No School	27	No School	28	Waffle Sticks Or Cereal & Toast Fresh Fruit & Juice Milk	29	Assorted Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit or Juice Milk	30	Yogurt Parfaits or Cereal & Toast Fresh Fruit or Juice Milk



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2	Poptarts Or Cereal & Toast Fresh Fruit & Juice Milk	3 Breakfast Combo Bar Or Cereal & Toast Fresh Fruit & Juice Milk	4 Pancakes & Syrup Or Cereal & Toast Fresh Fruit or Juice Milk	1 Assorted Muffins or Cereal & Toast Fresh Fruit & Cheese Milk
5	S'more Turnover Or Cereal & Toast Fresh Fruit & Juice Milk	6 Breakfast Pizza or Cereal & Toast Fresh Fruit or Juice Milk	7 Funnel Cake or Cereal & Toast Fresh Fruit or Juice Milk	8 Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit & Cheese Milk
12	No School Act 80 Day	13 Cheese Omelets & Toast or Cereal & Toast Fresh Fruit or Juice Milk	14 French Toast Sticks Or Cereal & Toast Fresh Fruit or Juice Milk	15 Assorted Muffins or Cereal & Toast Fresh Fruit or Juice Milk
19	Cereal Bars Or Cereal & Toast Fresh Fruit & Juice Milk	20 Egg, Bacon w/Toast Or Cereal & Toast Fresh Fruit or Juice Milk	21 Cook's Choice	22 Happy Thanksgiving!
26	No School	27 No School	28 Waffle Sticks Or Cereal & Toast Fresh Fruit & Juice Milk	23 No School
				
			29 Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit or Juice Milk	30 Gogurt & Muffin or Cereal & Toast Fresh Fruit or Juice Milk