

# Harmony Area School District

## March Lunch Menu

Salad Bar, Yogurt or Peanut Butter & Jelly Sandwich available daily as Entrée.

Menu subject to change due to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Homemade Pizza Tossed Salad Banana Milk
4	5	6	7	8
Meatloaf Parsley Potatoes Green Beans Applesauce Milk	Cook's Choice Carrots & Celery Fruit Milk	Fish Sandwich Mac & Cheese Stewed Tomatoes Apple Milk	Grilled Chicken Salad Veggies, Oven Fries Pears Milk	Fish Sticks or French Bread Pizza Assorted Veggies Orange Milk
11	12	13	14	15
Nacho's & Cheese Meat Sauce Corn Peaches Milk	Pita Pockets Egg, Tuna or Chicken Salad Peas Mixed Fruit Milk	Lasagna Dinner Roll Tossed Salad Pears Milk	Chicken Patty w/roll Oven Fries Green Beans Mixed Fruit Milk	Shrimp Poppers or Round Pizza Carrots & Celery Strawberry Cup Milk
18	19	20	21	22
Plain or BBQ Ham On Pretzel Roll Green Beans Orange Milk	Chicken Nuggets w/roll Oven Fries Assorted Veggies w/dip Pears Milk	Hoagie Lettuce, Tomato, Pickle Potato Chips Apple Pudding, Milk	Steak & Cheese Hoagie Onion Rings or Smiley Fries Cucumber Slices Banana Milk	Fish Sandwich or Stromboli w/sauce Tossed Salad Apple Milk
25	26	27	28	29
Hamburger w/roll Cheese, lettuce, tomato, pickles Oven Fries Mixed Fruit Milk	Chicken Alfredo Bread Stick Green Beans Mand. Oranges Milk	Hot Dog w/roll Baked Beans Peaches Milk	Cook's Choice Assorted Vegetables Banana Milk	Fish Sticks or Stuffed Crust Pizza Caesar Salad Orange Milk

**Harmony Area School District**

**HS/MS March Breakfast Menu**

Menu subject to change due to availability.



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Yogurt Parfait Or Cereal & Toast Fresh Fruit & Juice Milk
4 Poptarts Or Cereal & Toast Fresh Fruit & Juice Milk	5 Breakfast Pizza Or Cereal & Toast Fresh Fruit & Juice Milk	6 Cereal Bars Or Cereal & Toast Fresh Fruit & Juice Milk	7 Bagels w/Cr. Cheese Or Cereal & Toast Fresh Fruit & Juice Milk	8 Yogurt Parfait Or Cereal & Toast Fresh Fruit & Juice Milk
11 Minni Cinnies Or Cereal & Toast Fresh Fruit & Juice Milk	12 Cheese Omelet & Toast Or Cereal & Toast Fresh Fruit & Juice Milk	13 Funnel Cake Or Cereal & Toast Fresh Fruit & Juice Milk	14 Bagels w/Cr. Cheese Or Cereal & Toast Fresh Fruit & Juice Milk	15 Yogurt Parfait Or Cereal & Toast Fresh Fruit & Juice Milk
18 Combo Bar & Toast Or Cereal & Toast Fresh Fruit & Juice Milk	19 Sausage Gravy & Biscuit Or Cereal & Toast Fresh Fruit & Juice Milk	20 Pancakes & Syrup Or Cereal & Toast Fresh Fruit & Juice Milk	21 Bagels & Cr. Cheese Or Cereal & Toast Fresh Fruit & Cheese Milk	22 Yogurt Parfait Or Cereal & Toast Fresh Fruit & Juice Milk
25 Cereal Bars Or Cereal & Toast Fruit & Juice Milk	26 Cook's Choice Or Cereal & Toast Fresh Fruit & Juice Milk	27 Waffles & Syrup Or Cereal & Toast Fresh Fruit & Juice Milk	28 Bagels & Cr. Cheese Or Cereal & Toast Fresh Fruit & Cheese Milk	29 Yogurt Parfait Or Cereal & Toast Fresh Fruit & Juice Milk

**Harmony Area School District**  
**March Breakfast Menu Elementary**  
 Menu subject to change due to availability.



Monday		Tuesday		Wednesday		Thursday		Friday	
								1	Green Eggs & Ham Or Cereal & Toast Fresh Fruit & Juice Milk
4	Poptarts Or Cereal & Toast Fresh Fruit & Juice Milk	5	Breakfast Pizza Or Cereal & Toast Fresh Fruit & Juice Milk	6	Cereal Bars Or Cereal & Toast Fresh Fruit & Juice Milk	7	Bagels w/Cr. Cheese Or Cereal & Toast Fresh Fruit & Juice Milk	8	Gogurt & Muffin Or Cereal & Toast Fresh Fruit & Juice Milk
11	Minni Cinnies Or Cereal & Toast Fresh Fruit & Juice Milk	12	Cheese Omelet & Toast Or Cereal & Toast Fresh Fruit & Juice Milk	13	Funnel Cake Or Cereal & Toast Fresh Fruit & Juice Milk	14	Assorted Muffins Or Cereal & Toast Fresh Fruit & Juice Milk	15	Gogurt & Toast Or Cereal & Toast Fresh Fruit & Juice Milk
18	Combo Bar & Toast Or Cereal & Toast Fresh Fruit & Juice Milk	19	Egg Scramble with Toast Or Cereal & Toast Fresh Fruit & Juice Milk	20	Pancakes & Syrup Or Cereal & Toast Fresh Fruit & Juice Milk	21	Bagels & Cr. Cheese Or Cereal & Toast Fresh Fruit & Cheese Milk	22	Gogurt & Muffin Or Cereal & Toast Fresh Fruit & Juice Milk
25	Cereal Bars Or Cereal & Toast Fruit & Juice Milk	26	Cook's Choice Or Cereal & Toast Fresh Fruit & Juice Milk	27	Waffles & Syrup Or Cereal & Toast Fresh Fruit & Juice Milk	28	Assorted Muffins Or Cereal & Toast Fresh Fruit & Cheese Milk	29	Gogurt & Toast Or Cereal & Toast Fresh Fruit & Juice Milk

